



AL FALAH SCHOOL OF MEDICAL SCIENCES & RESEARCH CENTER



AL-FALAH UNIVERSITY

DHAUJ, FARIDABAD

AFU/February, 20/2026

DATE- 20-02-2026

Swadeshi Sankalp Run 2026

In Commemoration of the 164th Birth Anniversary of Swami Vivekananda

The Swadeshi Sankalp Run 2026 was successfully organized by **Al-Falah School of Medical Sciences and Research Centre (AFSMS&RC)** to commemorate the 164th birth anniversary of Swami Vivekananda. The event was conducted with the objective of promoting physical fitness, youth empowerment, and the spirit of self-reliance inspired by the ideals of Swami Vivekananda.

The marathon was organized with the aim, to honor the teachings and vision of Swami Vivekananda, particularly his emphasis on strength, discipline, and national service and to promote awareness regarding physical health and well-being among students and faculty.

The marathon commenced from the Administration Block of Al-Falah School of Medical Sciences and Research Centre. The route proceeded through the main campus road, covered the academic and hospital periphery, and concluded back at the designated finishing point within the campus premises. The route was secured and monitored to ensure participant safety and smooth conduct of the event.

We are thankful to Vice Chancellor **Dr. Bhupinder Kuar Anand** for her support and permission for the program. The event was graced by the esteemed presence of respected Registrar **Prof. Mohd. Parvez** and **Dr. Shweta Sehgal**. Both dignitaries addressed the gathering, appreciated the enthusiasm of the participants, and highlighted the importance of physical fitness alongside academic excellence. They distributed the prizes and certificates to the winners and participants, encouraging students to uphold the ideals of discipline and perseverance.

Winners of the Marathon:

Boys Category:

1st Position – Zakariya (2023)

2nd Position – Jahul (OB)

3rd Position – Kunal Hooda (2025)

Girls Category:

1st Position – Naseem (2023)

2nd Position – Kiratnoor Kaur (2023)

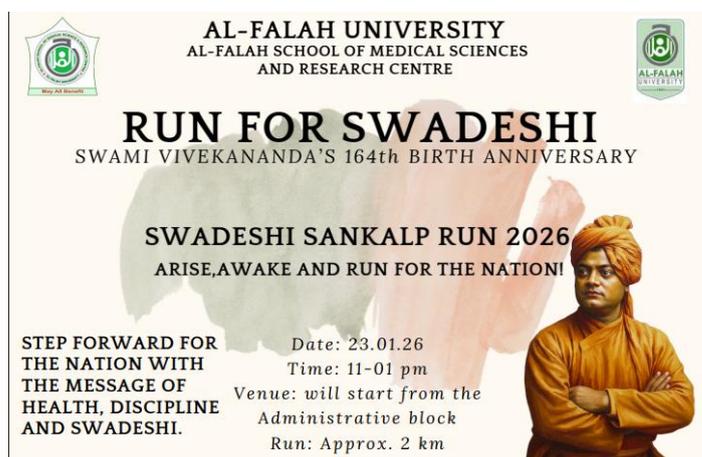
3rd Position – Riddhee Singh (2025)

All winners were awarded certificates and prizes in recognition of their outstanding performance and sportsmanship.

The successful execution of the event was made possible under the guidance and coordination of Dr. Shweta Sehgal Professor, Department of Physiology, Dr. Kuldeep Kumar, Professor, Department of Forensic Medicine & Toxicology, Dr. Vardan Arora, Tutor, Department of Forensic Medicine & Toxicology, Daniya (Batch 2021), Aalia (Batch 2023) and Umar (Batch 2024). The organizing team worked diligently in planning logistics, coordinating volunteers, ensuring safety measures, and managing on- ground execution.

The Swadeshi Sankalp Run 2026 concluded on a high note with enthusiastic participation and disciplined conduct. The event successfully reflected the values of strength, determination, and unity as envisioned by Swami Vivekananda.

Dr. Shweta Sehgal
Professor
Department of Physiology
Sports Coordinator



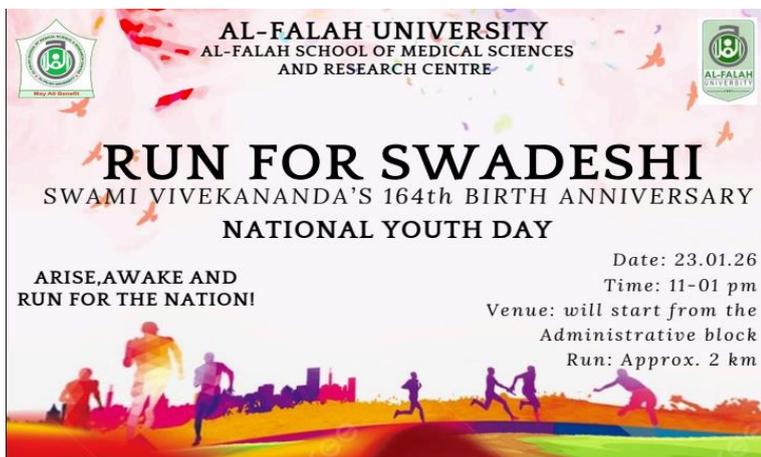
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RUN FOR SWADESHI
SWAMI VIVEKANANDA'S 164th BIRTH ANNIVERSARY

SWADESHI SANKALP RUN 2026
ARISE, AWAKE AND RUN FOR THE NATION!

STEP FORWARD FOR
THE NATION WITH
THE MESSAGE OF
HEALTH, DISCIPLINE
AND SWADESHI.

Date: 23.01.26
Time: 11-01 pm
Venue: will start from the
Administrative block
Run: Approx. 2 km



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RUN FOR SWADESHI
SWAMI VIVEKANANDA'S 164th BIRTH ANNIVERSARY
NATIONAL YOUTH DAY

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